

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	JUNE	2018		BAM classes are NOT part of Mommas on the Move!	1 10:00-11:30 Time Management April S.	2
3	4 10-11:30 StoryTime Sara S.	5 <u>SPIRITUAL</u> 9:00-10:30 SPANISH BIBLE STUDY 10:45-12:00 ENGLISH BIBLE STUDY	6 10-1pm Childbirth Emilie C. *Call to reserve seat & Lunch	7 10-11:30 Breastfeeding Melissa A.	8 10-11:30 Safety Starts at Home Danielle T.	9
10	11 10-11:30 SIDS/Shaken Baby Alicia H.	12 <u>SPIRITUAL</u> 9:00-10:30 SPANISH BIBLE STUDY 10:45-12:00 ENGLISH BIBLE STUDY	13 10-11:30 Money Management Teresa C.	14 10-11:30 Nutrition Ashton G.	15 <u>SPIRITUAL</u> 10:00-11:30 The Perfect Father Eva G.	16
17	18 10-11:30 Sensory Integration April S. 5:30-6:30 Prenatal Care@Medical Center	19 <u>SPIRITUAL</u> 9:00-10:30 SPANISH BIBLE STUDY 10:45-12:00 ENGLISH BIBLE STUDY *BAM: 6-9pm	20 10-12:30 CPR Jacinda E. *Call to reserve seat & Lunch	21 NO CLASS *BAM: 6-9pm	22 10-11:30 Car Seat Safety Megan H.	23
24	25 <u>SPIRITUAL</u> 10-11:30 HOLY YOGA Erica L.	26 <u>SPIRITUAL</u> 9:00-10:30 SPANISH BIBLE STUDY 10:45-12:00 ENGLISH BIBLE STUDY	27 10-11:30 Soothing a Crying Infant Ashley S.	28 10-11:30 Illnesses & Immunizations Daisy C.	29 10-11:30 Infant Care Reva O.	30



800 W Waco Dr.
Waco TX 76701
254-772-8270

For calendar updates visit our website
@pregnancycare.org>SUPPORT
>CLASSES

***RSVP REQUIRED**
Please call 254-772-8270 to sign up at least ONE day in advance.

Evening classes have dinner provided but sorry NO childcare.

Mommamas on the Move Class Snapshot

Core Class Requirements	Date – Class
Pregnancy Class	
Pregnancy Class	
Fetal Development	
Childbirth	6/6 Childbirth
Postpartum Mom	
Bringing Baby Home	6/29 Infant Care
Breastfeeding	6/7 Breastfeeding
Infant Development	6/27 Soothing a Crying Infant
SIDS/Shaken Baby	6/11 SIDS/Shaken Baby
Illnesses and Immunizations	6/28 Illnesses and Immunizations
CPR	6/20 CPR
Car Seat Safety	6/22 Car Seat Safety
Safety Starts at Home	6/8 Safety Starts at Home
Parenting/Discipline	6/18 Sensory Integration
Money/Employment	6/1 Time Management
Money/Employment	6/13 Money Management
Child/Family Nutrition	6/14 Nutrition
Free Choice	6/4 Story Time