



800 W Waco Dr.  
Waco TX 76701  
254-772-8270

\*RSVP REQUIRED Please call 254-772-8270  
Evening classes have a meal provided, but do not provide childcare

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 10-11:30 <b>Breastfeeding Basics</b> Mellissa</p> <p>1-2:30 – <b>Safety Starts at Home</b> Briana</p>	<p>2 10-11:30 <b>SIDS/Shaken Baby</b> Ashton</p>	<p>3 10-11:30 – <b>Infant Development</b> Danielle</p> <p>1-3:00 <b>Born Learning Series: Part 6</b> <b>*Must RSVP Childcare is provided</b></p>
<p>6 10-11:30 - <b>Story Time</b> Sarah G.</p>	<p>7 <b>Spiritual</b> 9-10:30 – <b>Estudio Biblico en Español</b> 10:45-12 – <b>English Bible Study</b></p>	<p>8 10-1:00 – <b>Self-Care for Moms: A Mother's Day Event</b> <b>*Must RSVP. Childcare is provided.</b></p>	<p>9 <b>No Class</b></p>	<p>10 10-11:30 – <b>Positive Discipline</b> Danielle</p> <p>1-2:30 <b>Motherhood: The Toughest Job *Spiritual</b> Marilyn L.</p>
<p>13 10-11:30 – <b>Prenatal Nutrition</b> Lindsey B.</p> <p>1-2:30 - <b>Bringing Baby Home</b> Jasmin</p>	<p>14 <b>Spiritual</b> 9-10:30 – <b>Estudio Biblico en Español</b> 10:45-12 – <b>English Bible Study</b></p> <p>6-9:00 – <b>B.A.M.</b> <b>*Must RSVP. A meal is provided. Childcare is not provided.</b></p>	<p>15 10-11:30 <b>Infant &amp; Child Nutrition</b> Reva</p>	<p>16 <b>No Morning Class</b></p> <p>6-9:00 – <b>B.A.M.</b> <b>*Must RSVP. A meal is provided. Childcare is not provided.</b></p>	<p>17 10-11:30 - <b>Car Seat Safety</b> Megan</p>
<p>20 10-11:30 – <b>Understanding Pregnancy</b> Stephanie J.</p> <p>5:30-6:30 – <b>Prenatal Care</b> <b>1818 Columbus Ave</b></p>	<p>21 <b>Spiritual</b> 9-10:30 – <b>Estudio Biblico en Español</b> 10:45-12 – <b>English Bible Study</b></p>	<p>22 10-11:30 <b>Fetal Development</b> Sheriyah</p>	<p>23 10-11:30 <b>Money Management</b> Shelli S.</p>	<p>24 10-1:00 - <b>CPR</b> Herma</p> <p><b>*Must RSVP. Childcare is provided</b></p>
<p>27 <b>Memorial Day</b></p>	<p>28 <b>Spiritual</b> 9-10:30 – <b>Estudio Biblico en Español</b> 10:45-12 – <b>English Bible Study</b></p>	<p>29 10-11:30 – <b>Prenatal Exercise</b> Emily</p>	<p>30 10-11:30 – <b>Illnesses &amp; Immunizations</b> Daisy C.</p> <p>1-2:30 – <b>What is a Postpartum Doula?</b> Tonja C. 30303028</p>	<p>31 10-1:00 - <b>Childbirth</b> Leigh</p> <p><b>*Must RSVP. Childcare is provided.0283129</b></p>

Core Class Requirements	Date - Class
Pregnancy Class	5/13 Prenatal Nutrition 5/20 Understanding Pregnancy 5/29 Prenatal Exercise
Post-Partum Mom	5/30 What is a Postpartum Doula?
Breastfeeding	5/1 Breastfeeding Basics
CPR	5/24 CPR
Car Seat Safety	5/17 Car Seat Safety
Childbirth	5/31 Childbirth
Parenting/Discipline	5/3 Born Learning 5/10 Positive Discipline
Child/Family Nutrition	5/8 Infant & Child Nutrition
Free Choice	5/6 Story Time 5/8 Self-Care for Moms
Safety Starts at Home	5/1 Safety Starts at Home
Bringing Baby Home	5/13 Bringing Baby Home
Illnesses & Immunizations	5/30 Illnesses & Immunizations
SIDS & Shaken Baby Syndrome	5/2 SIDS/Shaken Baby Syndrome
Money/Employment	5/23 Money Management
Fetal Development	5/22 Fetal Development
Infant Development	5/3 Infant Development