

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Red:</b> Spiritual <b>Purple:</b> Spanish <b>Blue:</b> Support Group <b>Green:</b> Evening Class <b>Black:</b> Regular Class <b>RSVP:</b> RSVP Clients Only	 Scan here to subscribe to the Education Newsletter! 			<b>1</b> 9:25-9:50-Breakfast 10:00-Infant CPR-Fire Marshal Denman <b>11:45-Bible Study 101</b> 12:25-12:50 lunch 1:00-Illnesses & Immunizations
<b>4</b> 9:25-9:50-Breakfast 10:00- Meal Prep for Busy Parents <b>11:45-Held &amp; Heard Bible Study</b> 12:25-12:50-Lunch 1:00-Screen Time	<b>5</b> 9:25-9:50-Breakfast 10:00-What is Safe in Pregnancy? 12:25-12:50-Lunch 1:00-Texas Health Steps	<b>6</b> No Class Today	<b>7</b> 9:25-9:50-Breakfast 10:00-Waco McLennan Public Health <b>11:45-Bible Study</b> 12:25-12:50-Lunch 1:00-Baby 101- Dr. Hinds	<b>8</b> 9:25-9:50-Breakfast 10:00-Creating Routines w/ Little Ones <b>11:45-Bible Study 101</b> 12:25-12:50-Lunch 1:00-Car Seat Safety
<b>11</b> 9:25-9:50-Breakfast <b>10:00-Mom Life</b> 12:25-12:50-Lunch 1:00-Debt & Fighting the Impulse to Spend-S. Sellers	<b>12</b> 9:25-9:50-Breakfast <b>10:00-Manejo de la Ira</b> 12:25-12:50-Lunch 1:00-Breaking Cycles: Parenting Differently Than You Were Raised	<b>13</b> No Class Today	<b>14</b> 9:25-9:50-Breakfast 10:00-Superior Hygiene <b>11:45-Bible Study</b> 12:25-12:50-Lunch 1:00-Civilian Response to Crisis Situations – Waco PD, Damus Vice	<b>15</b> 9:25-9:50-Breakfast 10:00-Superior Health <b>11:45- Bible Study 101</b> 12:25-12:50-Lunch 1:00-Emotions of Pregnancy & Nesting
<b>18</b> 9:25-9:50-Breakfast 10:00-Breastfeeding <b>11:45-Held &amp; Heard Bible Study</b> 12:25-12:50-Lunch 1:00-Anger Management	<b>19</b> 9:25-9:50-Breakfast 10:00-Single Parenting 12:25-12:50-Lunch 1:00-Motherhood Brownies & Bingo <b>(RSVP only)</b>	<b>20</b> No Class Today	<b>21</b> 9:25-9:50-Breakfast 10:00 Safe in Pregnancies/Unborn Secret <b>11:45-Bible Study</b> 12:25-12:50-Lunch 1:00-Etiquette <b>6pm-Fatherhood</b>	<b>22</b> 9:25-9:50-Breakfast 10:00-Making Your Own Baby Food <b>11:45-Bible Study 101</b> 12:25-12:50-Lunch 1:00-Strong Willed Child
<b>25</b> 9:25-9:50-Breakfast <b>10:00-Mom Life</b> 12:25-12:50-Lunch 1:00-Creating Confidence in Your Child	<b>26</b> 9:25-9:50-Breakfast 10:00-Hermanos 12:25-12:50-Lunch <b>1:00-Superior Health (Spanish)</b>	<b>27</b> No Class Today	<b>28</b> 9:25-9:50-Breakfast 10:00-Habitat for Humanity <b>11:45-Bible Study</b> 12:25-12:50-Lunch 1:00-Home Health	<b>29</b> 9:25-9:50-Breakfast 10:00-Birth Coach/Getting ready for Labor <b>11:45-Bible Study 101</b> 12:25-12:50-Lunch 1:00-Pack Your Diaper Bag, Baby is Coming! <b>(RSVP only)</b>

- Classes are for clients that are pregnant OR have at least one child under the age of 3 years old.
- Childcare is for children under 3 years old only OR under 6 years old if they have a sibling with them under 3 years old.
- Entry to class closes 5 minutes after class start time. Entry to childcare begins 10 minutes before class start time.
- Questions? Email [Education@pregnancycare.org](mailto:Education@pregnancycare.org) or call 254-772-8270.

CATEGORY	CLASS & DATE	CATEGORY	CLASS & DATE
<b>Pregnancy &amp; Childbirth</b>	8/5 What is safe in pregnancy?	<b>Illness &amp; Immunizations</b>	8/1 Illness & Immunizations
	8/15 Emotions of Pregnancy & Nesting	<b>Infant CPR</b>	8/1 Infant CPR
	8/21 Safe in Pregnancy & Unborn Secrets	<b>Safety Starts at Home</b>	8/28 Home Health
	8/29 Birth Coach & Getting Ready & Labor Expectations	<b>Car Seat Safety</b>	8/8 Car Seat Safety
	8/29 Pack Your Diaper Bag, Baby Is Coming!	<b>Free Choice</b>	Any Class
<b>Nutrition</b>	8/4 Meal Prep for Busy Parents	<b>Life Skills</b>	8/5 Texas Health Steps
	8/22 Making Your Own Baby Food		8/7 Waco McLennan Public Health
<b>Infant Care</b>	8/7 Baby 101		8/11 Debt / Fighting the Impulse to Spend
	8/14 Infant Hygiene		8/15 Superior Health
<b>Breastfeeding</b>	8/18 Breastfeeding		8/18 Anger Management
<b>Child Development</b>	8/22 Strong Willed Child		8/21 Etiquette
<b>Parenting</b>	8/4 Screen Time		8/26 Superior Health (Spanish Only)
	8/8 Creating Routines with Little Ones		8/28 Habitat for Humanity
	8/12 Breaking Cycles		
	8/19 Single Parenting		
	8/25 Creating Confidence in Your Child		

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