

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:25-9:50 Breakfast 10:00 Nutritional Health 11:40 Bible Study 101 12:25-12:50 Lunch 1:00 Etiquette	2 No Class Today 1:00 Ser una Super Mama (Being a Super Mom) Spanish class hosted at La Puerta <i>Lunch served at La Puerta for Spanish clients</i> <i>12-12:30pm</i>	3 9:25-9:50 Breakfast 10:00 Crafting w/ Case Managers 11:40 Doing Life God's Way Bible Study 12:25-12:50 Lunch 1:00 L&D Training Your Birth Coach/Infant Accidents	4 9:25-9:50 Breakfast 10:00 Parenting without Shame 11:40 NO BIBLE STUDY 12:25-12:50 NO LUNCH 1:00 NO CLASS <i>*Care Net closing at 12pm for staff development*</i>
7 CARE NET CLOSED FOR LABOR DAY HOLIDAY	8 9:25-9:50 Breakfast 10:00 Home and Fire Safety 11:40 Bible Study 101 12:25-12:50 Lunch 1:00 Potty Training/Getting Your Child to Eat	9 No Class Today	10 9:25-9:50 Breakfast 10:00 Unreasonable Hospitality 11:40 Doing Life God's Way Bible Study 12:25-12:50 Lunch 1:00 Grit Don't Quit	11 9:25-9:50 Breakfast 10:00 Safe Infant Sleep- RSVP 11:40 NO BIBLE STUDY 12:25-12:50 NO LUNCH 1:00 NO CLASS 1:00 Magic Words
14 9:25-9:50 Breakfast 10:00 Mom's Life 12:25-12:50 Lunch 1:00 Getting Ready: Nesting	15 9:25-9:50 Breakfast 10:00 Car Seat Safety 11:40 Bible Study 101 12:25-12:50 Lunch 1:00 Nutrition Myth Busters	16 No Class Today 1:00 Los Movimientos del Bebe (Baby on the Move) Spanish class hosted at La Puerta <i>Lunch served at La Puerta for Spanish clients</i> <i>12-12:30pm</i>	17 9:25-9:50 Breakfast 10:00 Their Future, Your Plan (Creating a Will, Appointing Guardianship) 11:40 Doing Life God's Way Bible Study 12:25-12:50 Lunch 1:00 Parent/ School Teacher (Advocating for your Kids) 6pm The Love in Your Life RSVP	18 9:25-9:50 Breakfast 10:00 Grief 11:40 The True Word 12:25 12:50-Lunch 1:00 Positive Support or Mindful Parenting
21 9:25-9:50 Breakfast 10:00 Nutritional Health 11:40 NO BIBLE STUDY 12:25-12:50 NO LUNCH 1:00 NO CLASS <i>*Care Net closing at 12pm*</i>	22 CARE NET CLOSED FOR ANNUAL BENEFIT	23 No Class Today	24 9:25-9:50 Breakfast 10:00 Breastfeeding and Bathing 11:40 Doing Life God's Way Bible Study 12:25-12:50 Lunch 1:00 Situational Awareness: How to...	25 9:25-9:50 Breakfast 10:00 Child Anger/Tantrums 11:40 The True Word 12:25-12:50 Lunch 1:00 Creating Kindness and Honesty
28 9:25-9:50 Breakfast 10:00 Going to College 11:40 NO BIBLE STUDY 12:25-12:50 Lunch 1:00 The Final Stretch	29 9:25-9:50 Breakfast 10:00 Taking Care of Yourself after Birth 11:40 Bible Study 101 12:25-12:50 Lunch 1:00 Cooking 101	30 No Class Today	 Scan here to subscribe to the Education Newsletter! 	Red: Spiritual Purple: Spanish Only Blue: Support Group Green: Evening Class Black: Regular Class RSVP: RSVP Clients Only

Class & Lunch Schedule

Breakfast	9:25-9:50am
Morning Class	10:00-11:30am
Bible Study	11:40-12:20pm
Lunch	12:25-12:50pm
Afternoon Class	1:00-2:30pm

Class Rules

- **Class Credit:** Use the same signature every time on iPad please. Also, sign in and out on the log to be eligible for class drawings!
- **Class Times:** Class entry closes 5min after start time. Meals close 10min before start time.
 - **Phones:** Keep phones away please and step out if there's an emergency.
 - **Appts:** If you are signed in to class, you cannot also have a shopping appt.
- **Childcare:** Available for children under 3 (or up to 5 with a sibling soon to be sibling under 3)
- **Tracks & Points:** Every class isn't for a track BUT every class you do get points, materials and a yummy meal!

Questions?

Email

Education@pregnancycare.org

Call

254-772-8270