

JUNE 2023				
Monday	Tuesday	Wednesday	Thursday	Friday
29 CLOSED for Memorial Day	30 9:00 Spanish Bible Study 10:15 Adoption - Victoria (Zoom ONLY) Noon English Bible Study 1:30 Superior Health Plan - Miguel	31 10:00 Importance of Bonding / Bonding with your Baby - Sarah O 2:00 CPR certification - Tara RSVP 254-772-8270	1 10:00 Milestones 18-36 months - Hilary 1:30 What's Safe in Pregnancy - Jen	2 10:00 Breastfeeding Getting Started and Being Successful - Bre 1:00 Mommy Nutrition - Caroline
5 10:00 Tantrums - Abby 1:00 Parenting Without Shame - Sarah O 6:00 Bonding and Eye Contact Means Love - Josie (Zoom ONLY)	6 9:00 Spanish Bible Study 10:15 Decisions Victoria (In Class & On Zoom) Noon Bible Study 1:30 Quality Child Care - Sarah R	7 1:00 SIDS and Shaken Baby Syndrome - Sarah R (Zoom ONLY)	8 10:00 Prenatal Care/ At Risk Pregnancy - Daphne 1:00 Cooking on a Wic Budget - Sarah R	9 10:00 ADHD - Hillary 1:00 Illness and Immunization - Daisy & Joronda
12 10:00 Anger Management/Child Anger - Jen 1:00 Home Health/Nesting - Ashley 6:00 Dunston Baby Language - Anna Jane (Zoom ONLY)	13 9:00 NO SPANISH BIBLE STUDY 10:15 Adoption - Victoria (In Class & On Zoom) Noon Bible Study 1:30 Infant Care and Hygiene - Sarah & Anna Jane	14 1:00 Online How to get your Child to Eat and Toddler Nutrition - Sarah R (Zoom ONLY)	15 10:00 1st and 2nd Trimester - Daphne 1:00 Étiquette 101 - Lois 6:00 F4 Fathers Day Class - TJ (MEN ONLY CLASS)	16 10:00 Car Seat Safety - Megan 1:00 Potty Training - Abby
19 10:00 Eating for 2 - Caroline 1:00 Mommy Milestones and Milestones 12-18 months - Abby 6:00 Baby on the Move/Infant Expectations - Milestones 6-9 months - Anna Jane (Zoom ONLY)	20 9:00 NO SPANISH BIBLE STUDY 10:15 Resumes & Interviews Rose Noon Bible Study 1:30 Neighbor Works - Virgen	21 1:00 Preg Mom Hacks - Sarah R (Zoom ONLY)	22 10:00 Breastfeeding; Troubleshooting and Weaning - Bre 1:00 Infant Illness and Immunization - Dr. Hinds	23 10:00 Family Abuse Center 1:00 Resources for Life - Ashley
26 10:00 Positive Partnership Boundaries - Jen 1:00 Bonding with your Baby and Toddler - Sarah O (Erika) 6:00 Toddler Safety - Josie (Zoom ONLY) (Katie)	27 9:00 Spanish Bible Study 10:15 Decisions - Victoria (In Class & On Zoom) (Abby) Noon Bible Study (Thomas) 1:30 Miguel (Jen)	28 1:00 Caring for Yourself After Birth - Sarah R (Zoom ONLY)	29 10:00 3rd Trimester and The Final Stretch - Daphne (Jen) 1:00 Contraceptive - Dr. Macik (In Class & On Zoom) (Abby)	30 10:00 Job or Career/How to Succeed at Work - Ashley 1:00 CPR - Tara (Ashley)

CATEGORY	CLASS & DATE	CATEGORY	CLASS & DATE
PREGNANCY CLASS	What's Safe in Pregnancy 6/1 Prenatal Care/At Risk Pregnancy 6/8 Nesting/Home Health 6/12 1st & 2nd Trimester 6/15 Preg. Mom Hacks 6/21 ZOOM	NUTRITION	Mommy Nutrition 6/2 Cooking on a WIC Budget 6/8 How to Get Your Kids to Eat 6/14 ZOOM Eating for Two 6/19
CHILDBIRTH	3rd Trimester and Final Stretch 6/29	INFANT CARE	Infant Care and Hygiene 6/13 Bonding with Your Infant & Baby/Toddler 6/26
POSTPARTUM	Caring for Yourself After Birth 2/28 ZOOM	CPR	CPR 6/30
SAFETY STARTS AT HOME	Car Seat Safety 6/16 Family Abuse Center 6/23 Positive Partnership Boundaries 6/26 Toddler Safety 6/26 ZOOM CPR 6/30	CAR SEAT SAFETY	Car Seat Safety 6/16
LIFE SKILLS	Decisions 6/6, 6/27 Anger Management 6/12 Etiquette 101 6/15 Interviews and Resumes 6/20 Neighbor Works 6/20 Resources for Life 6/23 Job or Career/How to Succeed at Work 6/30	PARENTING	Parenting without Shame 6/5 Tantrums 6/5 Bonding and Eye Contact 6/5 ZOOM Quality Childcare 6/6 ADHD 6/9 Dunston Baby Language 6/12 ZOOM How to Get Your Kids to Eat 6/14 ZOOM F-4 Father's Day Class 6/15 Potty Training 6/16 Bonding w/ Baby and Toddler 6/26
CHILD DEVELOPMENT	Milestones 18-36 months 6/1 ADHD 6/9 Milestones 12-18 Months/Mommy Milestones 6/19 Baby on the Move/Expectations 6-9 months 6/19	FREE CHOICE	Adoption 6/13 Superior Health Care 6/27 Contraception 6/29
SIDS / SBS	SIDS and Shaken Baby Syndrome Zoom 6/7	ILLNESS & IMMUNIZATIONS	Illnesses and Immunization 6/9 Illnesses and Immunization 6/22
BREASTFEEDING	Getting Started and Successful Breastfeeding 6/2 Troubleshooting and Weaning Breastfeeding 6/22		