

August 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		NO CLASSES TODAY	1 10:00 Birth Academy 3 & 4 - Daphne 1:00 First Trimester Expectations - Cassandra	2 10:00 Teething Time - Cheryl 1:00 Getting Your Baby to Sleep - Cassandra
5 10:00 – Mom Life 1:00 Mommy Work - Cheryl	6 NO SPANISH BIBLE STUDY 10:00 Breast Feeding - Cheryl Noon English Bible Study 1:30 Bottle Feeding – Cassandra	7 NO CLASSES TODAY	8 10:00 Second Trimester Expectations – Cheryl 1:00 Illnesses and Immunizations – Dr. Hinds	9 10:00 Car Seat Safety - Megan 1:00 I Can Do It Myself - Cassandra
12 10:00 Toddler Safety / CPR - Cheryl 1:00 Siblings - Cassandra	13 9:00 Spanish Bible Study 10:00 Effective Communication – Cheryl Noon English Bible Study 1:30 Tantrums/Whining - Cassandra	14 NO CLASSES TODAY	15 10:00 Simple Infant Care – Nurse Elizabeth 1:00 Third Trimester Expectations - Cassandra 6:00 Fatherhood - Kyle	16 10:00 Toddler Play - Hilary 1:00 - NO CLASS
19 10:00 – Mom Life 1:00 Toddler Nutrition - Cassandra	20 NO SPANISH BIBLE STUDY 10:00 NeighborWorks – Virgen Noon English Bible Study 1:30 Contraception – Dr. Macik	21 NO CLASSES TODAY	22 10:00 Birth Academy 5 & 6 - Daphne 1:00 Bonding - Cassandra	23 10:00 SIDS/SBS - Cheryl/Cassandra 1:00 – NO CLASS
26 10:00 Creating Confidence - Cheryl 1:00 Words Matter - Cassandra	27 9:00 Spanish Bible Study 10:00 Illnesses and Immunizations - Joronda Noon English Bible Study 1:30 Credit Cards – Shelli	28 NO CLASSES TODAY	29 10:00 Post Partum Care - Cheryl 1:00 Breast Feeding - Cassandra	30 10:00 Infant Expectations: 9-12 Months - Cheryl 1:00 Screen Time and You - Cassandra

CATEGORY	CLASS & DATE	CATEGORY	CLASS & DATE
PREGNANCY & CHILDBIRTH	8/1 Birth Academy 3 & 4 8/1 First Trimester Expectations 8/8 Second Trimester Expectations 8/15 Third Trimester Expectations 8/22 Birth Academy 5 & 6 8/22 Bonding	NUTRITION	8/6 Breastfeeding 8/6 Bottle Feeding 8/19 Toddler Nutrition
ILLNESS & IMMUNIZATIONS	8/8 Illnesses and Immunizations 8/27 Illnesses and Immunizations	INFANT CARE	8/2 Teething Time 8/2 Getting Your Baby to Sleep 8/15 Simple Infant Care
POSTPARTUM	8/29 Post Partum Care	CPR	8/12 Toddler Safety / CPR
SAFETY STARTS AT HOME	8/12 Toddler Safety / CPR	CAR SEAT SAFETY	8/9 Car Seat Safety
LIFE SKILLS	8/5 Mommy Work 8/13 Effective Communication 8/27 Credit Cards	PARENTING	8/5 Time with Your Toddler 8/9 I Can Do it Myself 8/12 Siblings 8/13 Tantrums and Whining 8/15 Helping Children Process Change 8/16 Toddler Play 8/26 Creating Confidence 8/26 Words Matter 8/30 Screen Time and You
CHILD DEVELOPMENT	8/2 Teething Time 8/30 Infant Expectations: 9-12 months	FREE CHOICE	8/20 NeighborWorks Waco 8/20 Contraception
SIDS / SBS	8/23 SIDS/SBS	BREASTFEEDING	8/6 Breastfeeding 8/29 Breastfeeding