



800 W Waco Dr.
Waco TX 76701
254-772-8270

***RSVP REQUIRED** Please call 254-772-8270
Evening classes have a meal provided, and some classes may provide childcare

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>10-11:30 – Emotions of Pregnancy Lori K.</p> <p>6-7:30 – Creating Confidence Danielle T.</p> <p>*Must RSVP. A meal will be provided. Childcare will not be provided.</p>	<p>4 <u>Spiritual</u></p> <p>9-10:30 – Estudio Biblico en Español 10:45-12 – English Bible Study</p>	<p>5</p> <p>10-11:30 – Car Seat Safety Megan H.</p>	<p>6</p> <p>10-11:30 – Mommy & Me Story Time Chandler C.</p> <p>1-2:30 – Infant & Toddler Nutrition Jasmin C.</p>	<p>7</p> <p>10-11:30 – Tongue Ties & Breastfeeding Mellissa A.</p>
<p>10</p> <p>10-11:30 – Budgeting 101 Shelli S.</p> <p>1-2:30 – Considering Adoption? Rachel W.</p>	<p>11 <u>Spiritual</u></p> <p>9-10:30 – Estudio Biblico en Español 10:45-12 – English Bible Study</p>	<p>12</p> <p>10-11:30 – Post-Partum Mom Ysabel S.</p>	<p>13</p> <p>10-11:30 – Breastfeeding Basics Mellissa A.</p> <p>6-7:30 – SIDS/Shaken Baby Elizabeth D.</p> <p>*Must RSVP. A meal and childcare will be provided.</p>	<p>14</p> <p>10-12:30 – Healthy Relationships: A Valentine's Day Event *Must RSVP. Food will be provided.</p>
<p>17</p> <p>10-11:30 – Career or Job? Planning for More Shelli S.</p> <p>5:30-6:30 pm – Prenatal Care 1818 Columbus Ave</p>	<p>18 <u>Spiritual</u></p> <p>9-10:30 – Estudio Biblico en Español 10:45-12 – English Bible Study</p>	<p>19</p> <p>10-11:30 – Toddler Accidents Elizabeth D.</p> <p>6-7:30 – Breastfeeding Basics Alexa G.</p> <p>*Must RSVP. A meal and childcare will be provided.</p>	<p>20</p> <p>10-11:30 – Illnesses & Immunizations Daisy C.</p>	<p>21</p> <p>10-1:00 – CPR *Must RSVP. Food will be provided.</p>
<p>24 10-11:30 – Human Trafficking: Keeping Your Kids Safe Jessica S.</p> <p>1-2:30 – Your Child's Development H.O.P.E.S</p>	<p>25 <u>Spiritual</u></p> <p>9-10:30 – Estudio Biblico en Español 10:45-12 – English Bible Study</p>	<p>26</p> <p>10-11:30 – Prenatal Nutrition & Exercise Emily G.</p>	<p>27</p> <p>10-11:30 – Transportation 101 Joseph D.</p>	<p>28</p> <p>10-11:30 – Newborn Care Alexa G.</p> <p>1-2:00 – Mom's on the Move Graduation *Must RSVP 2 weeks ahead of time.</p>

Core Class Requirements	Date - Class
Pregnancy Class	2/3 Emotions of Pregnancy 2/10 Considering Adoption? 2/17 Prenatal Care 2/26 Prenatal Nutrition & Exercise
Breastfeeding	2/7 Tongue Ties & Breastfeeding 2/13 Breastfeeding Basics 2/19 Breastfeeding Basics
CPR	2/21 CPR
Car Seat Safety	2/5 Car Seat Safety
Parenting/Discipline	2/3 Creating Confidence 2/6 Mommy & Me Story Time 2/24 Human Trafficking: Keeping Your Kids Safe
Newborn Care	2/28 Newborn Care
Infant/Child Nutrition	2/6 Infant & Toddler Nutrition 2/26 Prenatal Nutrition & Exercise
Child Development	2/24 Your Child's Development
Illnesses & Immunizations	2/20 Illnesses & Immunizations
SIDS & Shaken Baby Syndrome	2/13 SIDS/Shaken Baby
Life Skills; Money/Employment	2/10 Budgeting 101 2/14 Healthy Relationships: A Valentine's Day Event 2/17 Career or Job: Planning for More 2/27 Transportation 101
Post-Partum Mom	2/12 Post-Partum Mom
Safety Starts at Home	2/19 Toddler Accidents